

TigerTimes

Sherrard Jr/Sr High Newsletter

February 2024

Tim Wernentin, High School Principal
Rick Basala, Jr. High Principal

February 7

Booster Club Meeting - 6p

February 9

Mr SHS

February 10

Little Tiger Cheer Clinic

February 14

Early Dismissal - 1pm

February 19

No School

February 21

School Board Meeting - 6p

February 25

Band Concert - 2p

February 28

Early Dismissal - 1p

Athletics / Activities

Get up to date athletic and activities schedules on the Sherrard SNAP! website:

<https://schools.snap.app/SherrardHS>



Principal's Note

Greetings from the main office! I hope your February is off to a good start! Thank you for your patience and understanding with the recent weather adjustments. As you likely are aware, many factors are considered on weather related school cancellations and dismissals, but please know much thought and conversations with area school districts occurs prior to any determination.

You may have noticed that semester report cards were mailed home as an effort to keep you informed of your student's progress. Third quarter progress report will be provided to the students (not mailed home) after spring break and we will mail home final report cards in June. At any time, you may contact your student's counselor for a copy.

We are currently completing our 2024-25 registration process. Parent/guardian signatures are required prior to final enrollment in courses. I encourage you to review our Registration Guide and sample schedules at <https://www.sherrard.us/Page/371>.

Thank you for your continued support at the many SHS activities! As always, we have high attendance at our athletic, music, and other events. Winter season IHSA tournaments are right around the corner and we encourage you to support your Tigers!

Some other dates for you to remember:

- Early dismissals on February 14 and 28
- No school on February 19
- Parent/Teacher conferences March 7 and 8
- Spring Break is March 11-15
- No school on Good Friday, March 29 and Monday, April 1

Thank you for your continued partnership as we prepare your student for life after Sherrard High School! Please join us at conference time or contact me at 309-593-2175 or at wernentint@sherrard.us with questions, concerns, or comments.

Tim Wernentin, SHS Principal

shs.sherrard.us • sjhs.sherrard.us

Sherrard Jr/Sr High School
4701 176th Avenue
Sherrard, IL 61281
High School 309.593.2175
Jr. High 309.593.2135

Stay informed!

Daily high school announcements will be posted on the Sherrard High School website. Please visit the website daily for information about all things happening at the high school. The link below will take you directly to the announcements:

https://www.youtube.com/results?search_query=sherrard+morning+announcements+TV

You may also want to connect to our District social media accounts.

Facebook:

<https://www.facebook.com/sherrardschooldistrict> -

Facebook ID is "Sherrard School District"

Instagram:

<https://www.instagram.com/sherrardschooldistrict/> -

Handle is SherrardSchoolDistrict

Twitter:

<https://twitter.com/home> -

Handle is @SherrardSchools



JH Principal's Note

Dear Parents and Guardians:

JH Honor Roll certificates were handed out at school January 31st. Report cards were mailed from the registrar's office the week of January 18th. Congratulations to all the students who earned Honor Roll (A's and B's) or High Honor Roll (all A's).

Mr. DeVolder will lead our 7th & 8th grade Scholastic members this year with matches starting in February. Good luck!

JH Volleyball and JH Wrestling have been underway and continue through this month. Come check out a home game or match! Check the Sherrard District calendar for dates and times.

Thanks everyone!

Rick Basala, JH Principal

Valentine's Day Carnation Sales

Roses are red, violets are blue, we have a deal, just for you! Sophomore Senate will be selling carnations from Wednesday, January 31st through Wednesday, February 7th during B and C lunches. Flowers will be delivered to the Valentine(s) on Tuesday, February 14th during their lunch period. A note may be attached, or it can be sent anonymously. There are three color options: white for a friend, pink for a crush or red for love. The cost is \$3 per flower, and must be paid in cash. **High School Only.**

Mr. SHS - *RESCHEDULED DATE*

If you want to laugh until your side hurts, come out to the Mr. SHS pageant and watch some of Sherrard's finest upperclassmen strut their stuff. It's sure to entertain everyone. **February 9th at 7 p.m.** in the high school auditorium. And it's a mere \$5 for such great entertainment. You don't want to miss out!

Student of the Month

HIGH SCHOOL

English: Madison Crandall

Math: Grace McMillan

Science: Sawyer Kurtenbach

Social Studies: Madilyn Swanson

Vocational: Hunter Breiby

Fine Arts: Evelyn Weakley

PE/Health: Jonah Morey

Business: Gavin Cottrell

Special Forces: Josey Harkey

JUNIOR HIGH

English: Jordan Moore

Math: Nevaeh Cross

Social Studies: Jayden Roberts

Fine Arts: Daelynn Swanson

PE/Health: Gideon Heist

Vocational: Max Way

Striving for Excellence:

Frankie Dobreiner



Blood Drive

The All School Senate's Annual BJ Luxmore Memorial Blood Drive will be on Thursday, February 22nd from 8:00-1:00 in the Sherrard High School Library. We are hoping to have 65 donors signed up to donate. Students and community members can sign up using the following link: https://login.bloodcenter.org/donor/schedules/drive_schedule/122277 or they can email Vanessa Schulenberg at schulenbergv@sherrard.us. As always, Mrs. B will be making all of her special goodies and treats for those who donate!

Post Prom Bingo

The Post Prom Committee will host Post Prom Bingo on Friday, March 1st at the high school. Doors open at 5:30- BINGO starts at 6pm. This is our main fundraiser for Post Prom and we need your help and support! Please plan to attend. Cost is \$10 per person for 12 rounds of BINGO, with cash prizes to the winners of each round. You can also purchase tickets for our raffle items, bid on silent auctions, buy concessions including our Post Prom cookies, and join in our \$1 intermission games! We are accepting early table reservations again this year. A table reservation is \$60, which will guarantee your spot together and include BINGO cards and seating for up to 6 people. Reservations must be submitted to the HS or JH office no later than Friday, February 23rd by 3pm. Payments for BINGO payable to Royal Neighbors Chapter 20115. We are still looking for BINGO night donations, including raffle items and cash donations to support BINGO night. If you would like to donate, please contact Jen Diehl at diehlj@sherrard.us.

*BINGO night monetary donations can be made payable to **Royal Neighbors Chapter 20115**.

Spring Fling

Sophomore Senate is throwing a Spring Fling themed semi-formal dance on **Saturday, March 2nd** from **7:30 - 9:30 pm** in **Gym 2**. This event will help to raise money for the 2025 prom! Tickets will be available for \$10 (cash only) during B and C lunch from Monday, February 26th through Friday, March 1st. The dance is semi-formal (jeans are permitted). Students bringing a date from another school must pick up a form from the office and return it by Wednesday 2/28. It will be a fun night of dancing, snacks, and games! (Cash is needed to purchase from the snack stand.) The first 100 students through the door get a free glow bracelet! **High School Only**.

Activities and Athletic Schedules

Activities and athletic schedules have been available on the Sherrard 8to18 website, however 8to18 has changed their name to **SNAP!**. They have also changed the web address and updated the look of the website. The new website is <https://schools.snap.app/SherrardHS>. Check it out and be sure to sign up for email alerts to get schedule changes and updates by clicking the “**Subscribe**” button at the bottom of the home page!



Competitive Cheer



Congratulations to the Sherrard Competitive Cheer team on an incredible season that culminated in qualifying for ICCA Championships in both Small Varsity and Small Game Day divisions!

These talented athletes left it all on the mat throughout the year, consistently raising their scores and impressing judges with their skill and spirit. In the Small Varsity routine, not only did they deliver a flawless performance with zero deductions at ICCA Championships, but they also increased their score by a whopping 5 points over the course of the season.

But the highlight of the season came in their debut in Small Game Day, where they secured multiple 2nd place finishes, including a Top Ten ranking at ICCA Championships. This remarkable improvement is a testament to their dedication, hard work, and unwavering support for each other.

The Sherrard Cheer team has undoubtedly had a stellar season, and their achievements are something to be incredibly proud of. They've pushed their limits, bonded as a team, and inspired their community with their talent and passion.

But this is just the beginning! With such a strong foundation and a taste of victory, the Sherrard Cheer squad is looking forward to even greater things next season. We can't wait to see what they accomplish!

Go Tigers!

NHS VOLUNTEER HOUR REPORT

Semester 1

TOTAL HOURS

1041 total hours of volunteering



NHS EVENT HOURS

558 Hours of NHS hours of service

OUT OF SCHOOL HOURS

843 hours of out of school service



HOURS LAST YEAR

1000 hours of volunteering last year



From the HS Counseling/Academic Center:

ACADEMIC INFORMATION:

Assessment Information:

Illinois state assessments will be administered in **April 2024**.

Freshmen will take the PSAT 8/9 on April 8, 2024.

Sophomores will be taking the PSAT 10 on April 9, 2024.

Juniors will take the state required SAT exam on April 11, 2024.

All students have access to free practice questions and full exams through Khan Academy. Seniors have the option of a college visit or job shadow on testing day if possible.

Juniors will also be taking the state-mandated Illinois Science Assessment at school on **Monday, March 4, 2024**. The test will be in the morning and last about three hours. Students will return to their regular class schedule when testing is complete.

Senior Parents:

FAFSA:

Reminder that the FAFSA is required by the State of Illinois this year. If you do not want to complete the FAFSA, we will be sending out and collecting a non-participation form in the spring. You can also find the form on the high school website under the academic counseling page. If your student plans on attending college or a trade school, FAFSA is the form you need to complete in order to access federal grants, loans and work-study funds.

FAFSA Website: <https://studentaid.gov/h/apply-for-aid/fafsa>

Don't forget you will need an FSA ID to complete the FAFSA. Here is the website to create your FSA ID: <https://studentaid.gov/fsa-id/create-account/launch> If you have any questions, contact Mrs. Drish (drishju@sherrard.us)

Scholarships:

Available scholarships are posted on the High School website - click [HERE](#) to access that page. Students also have access in the Senior Google Classroom.

Transcripts:

Final transcripts will be available for all Seniors towards the end of June. We will be asking students where they need their final transcripts sent at the end of May.

Senioritis is kicking in! Be sure to encourage and support your senior and remind them it's not over yet!

SOCIAL/EMOTIONAL INFORMATION:

We will continue to counsel students both socially/emotionally and academically. Students and parents can reach out via email if they have any questions or concerns. Meetings can be held in person, or via Zoom, Google Meet, etc.

blackwells@sherrard.us
drishju@sherrard.us



February is here, and with it comes a whole rollercoaster of emotions for high school students. There's the excitement and anticipation of Valentine's Day, the pressure to impress, and the ever-present stress of academics and relationships.

This month, we're focusing on Social and Emotional Learning (SEL) tips to help you navigate February and emerge stronger on the other side.

1. Embrace Your Feelings (in a Healthy Way):

It's okay to embrace your feelings, whether it's joy, excitement, disappointment, or even a little bit of heartbreak. Bottling up your emotions is never the answer. Instead, find healthy ways to express them. Talk to a trusted friend, write in a journal, or channel your feelings into creative pursuits like art, music, or writing.

2. Build Your Confidence:

Valentine's Day can be a breeding ground for insecurity. But instead of comparing yourself to others, focus on building your own inner confidence. Make a list of your strengths and achievements, no matter how big or small. Celebrate your victories, internalize your worth, and watch your confidence soar!

3. Befriend Clear Emotions:

Stress and pressure are unwelcome guests, but you have the power to show them the door! Practice relaxation techniques like deep breathing, meditation, or yoga. Take breaks from social media and spend time in nature. Remember, a calm mind makes for clear emotions and better decision-making.

4. Lean on Your Friends and Family:

Surround yourself with positive and supportive people who make you feel good about yourself. Talk to your friends, family, or even a school counselor about what you're going through. Remember, you're not alone on this emotional journey.

Bonus Tips:

- Express yourself creatively: Channel your emotions through art, music, writing, or anything creative that speaks to you.
- Celebrate others: Spread the love this February! Show appreciation for the people who make your life brighter with a kind gesture, a thoughtful note, or simply a smile.
- Challenge yourself: Set a small, achievable goal for the month and crush it! Accomplishing even small things can boost your confidence and remind you of your inner strength.

And above all, be kind to yourself. You are awesome, just the way you are!

Tiger Closet

We have kept our Amazon Wish List up to date, but we know many are not Amazon shoppers and would still like to contribute. Here is a list of our “greatest needs.” As always, we appreciate everyone’s support, this labor of love wouldn’t be possible without the community support we receive.

Needs:

- Laundry detergent
- Laundry stain remover
- Dryer sheets
- Dish soap
- Tampons
- Hair ties
- Face wash
- Face moisturizer
- Deodorant
- Hair dryers
- Toilet paper

For those that do want to use the Amazon Wish List, [click here](#) for it.

If you have any questions you can contact:

Vanessa Schulenberg at schulenbergv@sherrard.us or Erin DeKeyrel at dekeyrele@sherrard.us.



DENTAL REQUIREMENT FOR CURRENT 9TH GRADE STUDENTS

Dental Exams due May 15, 2024

The State of Illinois requires dental exams for all **9th grade students**. Students currently in 9th grade are required to have a completed dental exam or waiver on file by **May 15, 2024**.

- School dental exams must have been completed after November 15, 2022.
- The IDPH dental exam form must be used.
- Exams must be performed by licensed dentists.
- Dental waivers are allowed if:
 - Student is enrolled in free and reduced lunch program and does not have dental insurance.
 - Student is enrolled in free and reduced lunch program and is ineligible for public insurance (Medicaid/All Kids).
 - Student is enrolled in Medicaid/All Kids, but the family is unable to find a dentist or dental clinic in the community who will accept Medicaid/All Kids.
 - Student does not have any type of dental insurance and there is no low-cost dental clinics in the community that will see the child.
- Religious exemption is allowed if religious exemption form is completed.
- Dental appointment cards are accepted as long as the appointment is scheduled within 60 days of May 15. Completed dental exams must be turned in by the beginning of the following school year.

Dental exams and waivers are available on the District Website: www.sherrard.us go to **Departments** and select **Health Services, Health Forms** and **Dental Exam/Waiver**.

2024-2025 IMMUNIZATION REQUIREMENT FOR TWELFTH GRADE

*This information and a copy of students' immunization records will be included in the registration information which will be sent home with 11th grade students in January.

All students entering the **12th grade** shall show proof of having received two doses of the **meningitis vaccine** prior to entering the **12th grade**. The first dose shall have been received on or after the **11th birthday**, and the second dose shall have been administered on or after the **16th birthday**, and at least eight weeks after the first dose. If the first dose is administered when the child is 16 years of age or older, only one dose is required.

STUDENTS NOT IN COMPLIANCE WITH IMMUNIZATION REQUIREMENTS WILL BE EXCLUDED FROM SCHOOL ACCORDING TO SCHOOL CODE AND DISTRICT POLICY. Please provide verification of vaccines by the first day of school. Students not in compliance by October 15, 2024 will be excluded until requirements are met.

*****NOTE:** This must be the Meningococcal vaccine (Menactra or Menveo). The Meningitis B Vaccine otherwise known as Trumenba or Bexsero does not meet this requirement. Some pharmacies such as Walgreens have administered the Meningitis B vaccine instead of the Meningococcal Vaccine.

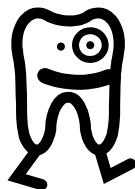
Notices regarding the need for the vaccine are given to the students when they register for classes for the 24-25 school year. Please contact the school nurse if you did not receive this information from your student.



NINTH GRADE HEALTH REQUIREMENTS for SCHOOL YEAR 24-25

- All ninth grade students are required to have an updated school physical.
- State law requires Illinois Department of Public Health form to be used.
- Physical forms are available at the school and on the school district web site www.sherrard.us, go to **Departments** and select **Health Services**, **Health Forms** and **Student Physical Form**.
- Physicals must be completed and signed by a physician licensed to practice medicine, a physician's assistant, or an advanced practice nurse. **Chiropractors MAY NOT perform school or sports physicals.**
- Parents or guardians are required by state law to complete and sign the **health history** portion on the back of the physical form.
- **Sports physicals will not fulfill this requirement.** The ninth-grade physical may be used for a sport physical for 395 days from the date of the exam. Students who receive freshman physicals March 1, 2024 will need another sports physical by April 1 of 2025, if they desire to participate in spring sports. Please keep this in mind when scheduling your child's physical.
- Call for vaccine and physical appointments prior to end of this school year.
- A copy of your child's immunization record may be required by the health care provider.
- **STUDENTS NOT IN COMPLIANCE WITH PHYSICAL AND IMMUNIZATIONS WILL BE EXCLUDED FROM SCHOOL PER STATE REQUIREMENTS.** Completed physicals must be turned in by 10/15/24 or students will be excluded until physicals are completed.





DENTAL CLINIC & DENTAL EXAMS

The State of Illinois requires dental exams for all **9th grade students**. Students currently in **9th grade** are required to have a completed dental exam dated after **November 15, 2022** or a waiver on file by **May 15, 2024**.

Mercer County Health Department will provide a free dental clinic, for qualifying students at the Jr./Sr. High School on Friday, April 19, 2024, during the school day. Only students with completed parental permission forms will be seen. Call the school nurse at 593-2175 for permission forms or questions. Forms are available at all schools and also on the District Web Site. Students in all grades may participate in the clinic.

Dental insurance is accepted. Parents/guardians are responsible for any fees not covered by insurance.

Students who don't qualify for free services, may also use this service for an exam, cleaning, fluoride or sealants. The cost for the various services are listed below.

Exam \$29

Cleaning \$43

Fluoride \$27

Sealants \$37 x each tooth, (could do up to 4 teeth)

An exam is all that is required to meet the Illinois dental exam requirement.

Checks can be made out to Mercer County Health Department. Cash is also accepted. Forms and Payment need to be turned into the school by 4/5/24.

FEBRUARY 2024

Sherrard School District PreK-12 Menu

BREAKFAST



School Information: Menu Subject to Change
Early Dismissal – February 14th & 28th
This institution is an equal opportunity provider.



Applications for free/reduced meals are available at each attendance center or on the district website. Families must pay for meals eaten prior to applications being approved. Students with a negative balance will not be allowed to charge a la carte items.



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Mini Banana Loaf **1**
½ Cup Fruit
½ Cup Juice
Milk Choice

Sausage Pancake Bites **2**
½ Cup Fruit
½ Cup Juice
Milk Choice

Muffin **5**
½ Cup Fruit
½ Cup Juice
Milk Choice

Cereal Bowl **6**
Snack Cookie
½ Cup Fruit
½ Cup Juice
Milk Choice

Mini Pancakes/Syrup **7**
½ Cup Fruit
½ Cup Juice
Milk Choice

Cinnamon Super Stix **8**
½ Cup Fruit
½ Cup Juice
Milk Choice

Egg & Cheese Burrito **9**
½ Cup Fruit
½ Cup Juice
Milk Choice

Mini Cinnis **12**
½ Cup Fruit
½ Cup Juice
Milk Choice

Cereal Bowl **13**
Snack Cookie
½ Cup Fruit
½ Cup Juice
Milk Choice

Valentine's Day **14**
Mini Bagel
½ Cup Fruit
½ Cup Juice
Milk Choice

Whole Grain Poptart **15**
½ Cup Fruit
½ Cup Juice
Milk Choice

Fruit Frudel **16**
½ Cup Fruit
½ Cup Juice
Milk Choice

Presidents' Day **19**
No School

Muffin **20**
½ Cup Fruit
½ Cup Juice
Milk Choice

French Toast Sticks **21**
½ Cup Fruit
½ Cup Juice
Milk Choice

Egg & Cheese Omelet **22**
Goldfish Crackers
½ Cup Fruit
½ Cup Juice
Milk Choice

Mini Pancakes/Syrup **23**
½ Cup Fruit
½ Cup Juice
Milk Choice

Cereal Bowl **26**
Snack Cookie
½ Cup Fruit
½ Cup Juice
Milk Choice

Cinnamon Super Stix **27**
½ Cup Fruit
½ Cup Juice
Milk Choice

Muffin **28**
½ Cup Fruit
½ Cup Juice
Milk Choice

Mini Cinnis **29**
½ Cup Fruit
½ Cup Juice
Milk Choice



FEBRUARY 2024

Sherrard Jr-Sr High Menu

LUNCH



School Information: Menu Subject to Change
Early Dismissal – February 14th & 28th
This institution is an equal opportunity provider.



Applications for free/reduced meals are available at each attendance center or on the district website. Families must pay for meals eaten prior to applications being approved. Students with a negative balance will not be allowed to charge a la carte items.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Cheeseburger/Bun
Broccoli
Green Beans
Mixed Fruit
Milk Choice

5

Chicken Nuggets
Mashed Potatoes
Corn
Peaches
Milk Choice

6

Chicken Alfredo
Breadstick
Tater Tots – Broccoli
Fruit Slushy
Milk Choice

7

Chicken Finger Fries
Tater Tots
Broccoli
Peaches – Sunchips
Milk Choice

1

Pizza Crunchers
Baked Beans
Carrots – Pineapple
Tiger Grahams
Milk Choice

2

BBQ Rite/Bun OR
Breaded Chicken/Bun
Fries
Broccoli – Peaches
Milk Choice

12

4 Cheese Tortellini
Alfredo Sauce
Breadstick - Pears
Carrots – Green Beans
Milk Choice

13

Valentine's Day
Cheese Dippers
Marinara - Corn
Celery – Be Mine Slushy
Milk Choice

14

Pulled Pork/Bun
Tater Tots
Baked Beans
Applesauce
Milk Choice

15

Ch OR Sausage Pizza
Broccoli
Carrots
Pineapple
Milk Choice

16

Presidents' Day
No School

19

Country Fried Steak
Mashed Potatoes
Carrots
Applesauce
Milk Choice

20

Mini Corn Dogs
Celery – Broccoli
Peaches
Scooby Snacks
Milk Choice

21

TigerRite/Bun OR
Chili & Cornbread
Fries – Carrots
Mixed Fruit
Milk Choice

22

Honey Butter Fish/Bun
Tater Tots
Salad
Pineapple
Milk Choice

23

French Toast Sticks
Egg Patty-Hash Browns
Green Beans
Applesauce
Milk Choice

26

Chicken Finger Fries
Corn – Broccoli
Peaches
Strawberry Chex Mix
Milk Choice

27

Hamburger/Bun OR
Chicken/Bun
Baked Beans – Carrots
Mixed Fruit
Milk Choice

28

Sloppy Joe/Bun
Tater Tots
Salad – Tomatoes
Pears
Milk Choice

29