

TigerTimes

Sherrard Jr/Sr High Newsletter

March 1

Post Prom Bingo - 6p

March 2

Spring Fling Dance 7:30-9:30p

March 6

JH/SH Choir Concert - 7p
Booster Club Meeting - 6p

March 7

Early Dismissal - 1pm
P/T Conference - 2:10-6:30p

March 8

No School
P/T Conference - 7:10-10:10a

March 11-15

No School - Spring Break

March 20

School Board Meeting - 6p

March 21

Spring Sports Pictures
NHS Induction - 6p

March 27

Dodgeball Tournament
NHS Induction - 6p

March 29 & April 1

No School

Athletics / Activities

Get up to date athletic and activities schedules on the Sherrard SNAP! website:

<https://schools.snap.app/SherrardHS>



March 2024

Tim Wernentin, High School Principal
Rick Basala, Jr. High Principal

Principal's Note

Greetings from the Principal's Office! As you read this, we are getting close to the end of third quarter and I encourage you to attend Spring Parent/Teacher conferences to be held on March 7 from 2:10 p.m. to 6:30 p.m. and March 8 from 7:10 a.m. to 10:10 a.m. Know you can always schedule a conference with the teacher, administrator, or counselor by calling 309-593-2175. Grades can be accessed through Infinite Campus, our online grade reporting system. Call us if you need further access information. Remember third quarter report cards reflect your student's grade at that time and is simply a progress report. Final semester grades are cumulative third and fourth quarter work.

Thank you for your continued support at the many SHS activities! Congratulations to our winter sports teams!! We are proud of your efforts and appreciate the community's support at all of our events, even if it is watching streamed broadcasts. Check our SNAP! sports calendar on our school website for spring sports contest dates..... <https://schools.snap.app/SherrardHS>.

A reminder from the Counseling Office is that if parents/guardians of seniors have not completed the Free Application for Federal Student Aid, they need to visit www.FAFSA.gov to apply for post-secondary funding.

If your student reports to you any bullying or harassment, either as a victim or witness, we ask that you contact school personnel. We have an investigative process in place with the goal of every student feeling safe and comfortable while attending Sherrard High School.

shs.sherrard.us • sjhs.sherrard.us

Sherrard Jr/Sr High School
4701 176th Avenue
Sherrard, IL 61281
High School 309.593.2175
Jr. High 309.593.2135

Stay informed!

Daily high school announcements will be posted on the Sherrard High School website. Please visit the website daily for information about all things happening at the high school. The link below will take you directly to the announcements:

https://www.youtube.com/results?search_query=sherrard+morning+announcements+TV

You may also want to connect to our District social media accounts.

Facebook:

<https://www.facebook.com/sherrardschooldistrict> -

Facebook ID is "Sherrard School District"

Instagram:

<https://www.instagram.com/sherrardschooldistrict/> -

Handle is SherrardSchoolDistrict

Twitter:

<https://twitter.com/home> -

Handle is @SherrardSchools



Key dates:

- Spring Break is March 11-15
- March 8 is the end of third quarter
- April 8, 9, 11 PSAT/ SAT day - students in grades 9-11 will be taking a form of the Scholastic Aptitude Test
- No School on March 29 and April 1

Thanks for all you do in partnering with Sherrard High School in meeting the needs of your student(s). Please contact me at 593-2175 or at wernentint@sherrard.us with questions, concerns, or comments.

Tim Wernentin,
HS Principal

JH Principal's Note

Dear Parents and Guardians:

JH Honor Roll certificates were handed out at school January 31st. Report cards were mailed from the registrar's office the week of January 18th. Congratulations to all the students who earned Honor Roll (A's and B's) or High Honor Roll (all A's).

Mr. DeVolder will lead our 7th & 8th grade Scholastic members this year with matches starting in February. Good luck!

JH Volleyball and JH Wrestling have been underway and continue through this month. Come check out a home game or match! Check the Sherrard District calendar for dates and times.

Thanks everyone!
Rick Basala,
JH Principal

Student of the Month

HIGH SCHOOL

English: Hannah Schmidt

Math: Nick Coon

Science: Adam Blaylock

Social Studies: Ty Fears

Vocational: Sydney Handley

Fine Arts: Ryan Fowler

PE/Health: Mason Vogt

Business: Megan Mackin

Special Forces: Javin Jones

JUNIOR HIGH

English: Jozlyn Kuffler

Science: Glory Wakeland

Social Studies: Nolan Kline

PE/Health: Remington Block

Vocational: Chase Dirck

Striving for Excellence:

Deacon Daves



Post Prom Bingo

The Post Prom Committee will host Post Prom Bingo on Friday, March 1st at the high school. Doors open at 5:30- BINGO starts at 6pm. This is our main fundraiser for Post Prom and we need your help and support! Please plan to attend. Cost is \$10 per person for 12 rounds of BINGO, with cash prizes to the winners of each round. You can also purchase tickets for our raffle items, bid on silent auctions, buy concessions including our Post Prom cookies, and join in our \$1 intermission games!

*BINGO night monetary donations can be made payable to **Royal Neighbors Chapter 20115**.

Spring Fling

Sophomore Senate is throwing a Spring Fling themed semi-formal dance on **Saturday, March 2nd** from **7:30 - 9:30 pm** in **Gym 2**. This event will help to raise money for the 2025 prom! Tickets will be available for \$10 (cash only) during B and C lunch from Monday, February 26th through Friday, March 1st. The dance is semi-formal (jeans are permitted). Students bringing a date from another school must pick up a form from the office and return it by Wednesday 2/28. It will be a fun night of dancing, snacks, and games! (Cash is needed to purchase from the snack stand.) The first 100 students through the door get a free glow bracelet! **High School Only**.

Prom

Don't forget Prom this year will be April 20th at the Camden Center in Milan from 7-10 p.m. with the coronation starting around 9. The theme this year will be Enchanted Forest. Ticket prices will be:

Guests - \$25

Seniors - \$15

Juniors - \$20

Sophomores - \$25

Freshmen \$30.

Don't forget if your date does not attend Sherrard High School they will need the date form submitted to the office by April 19th.

The Queen Bee Boutique will donate \$10 to the Junior Senate if you purchase your dress or tux from them and mention Sherrard Junior Senate.

Activities and Athletic Schedules

Activities and athletic schedules have been available on the Sherrard 8to18 website, however 8to18 has changed their name to **SNAP!**. They have also changed the web address and updated the look of the website. The new website is <https://schools.snap.app/SherrardHS>. Check it out and be sure to sign up for email alerts to get schedule changes and updates by clicking the **"Subscribe"** button at the bottom of the home page!



Jostens

Seniors - A Jostens representative will be in the commons during high school lunch hour on Tuesday, March 19th. They will be dispersing cap and gowns and announcements.

Dodgeball Tournament Fundraiser

Calling all high school and junior high students, alumni and staff, get your teams of 10 together for the second annual Dodgeball Tournament brought to you by the Freshman Class Senate. Sign-up packets are in the High School Office and must be turned in with your \$20 team payment by Friday, March 22nd.

What: Single Elimination Dodgeball Tournament

When: Wednesday, March 27 @ 5:30 p.m.

Where: Sherrard High School, Gym 1

Community members and families are welcome to watch for \$2 per person. Baked goods, drinks, and snacks will also be available to purchase. If you have any questions, please contact the Freshman Senate sponsor, Chris Zippe at zippec@sherrard.us.

Mr. SHS

The 2024 Mr. SHS is Riley Colbrese. All the boys did a fantastic job.

The Junior Senate would like to thank the following people for judging Mr. SHS: Mrs. Dekeyrel, Mrs. Campbell, Mrs. Harkey, Mrs. Zippe, and Mr. Krack. They would also like to thank Max Serre for doing the sound booth and Ryan Fowler, Zoe Breeden, Madilynn Daves for doing the lights. Thanks to everyone who came out and supported the Junior Senate and the boys.



Summer Athletic Development

[Summer Athletic Development Sign Up](#)

Days:

High School (incoming 9-12): Tuesday, Wednesday and Thursday

Jr High (incoming 7 and 8): Tuesday and Thursday

Middle School (incoming 5-6): Wednesday

Dates:

High School: June 4-July 25 (7 weeks)

Jr High + Middle School: June 11-July 25 (6 weeks)

Cost: FREE!

Groups:

Group 1 (HS Female Sports - Limit 40): 7:00-8:15am

Group 2 (HS Male Sports - Limit 70): 8:00-9:15am

Group 3 (HS Female Sports - Limit 40): 9:00-10:15am

Group 4 (Jr High + Middle School - No Limit): 10:00-11:00am

Siblings will be given the same group if limits are reached - Coach Adams will contact parents/update the form if there are any issues.

Form Note:

You will need to fill out a form for EACH child separately.

Any questions, please contact Coach Adams (adamsb@sherrard.us)

Wrestling

Congrats to wrestler Nadia Anderson for her successful season! Nadia made a trip to the IHSA State wrestling tournament on February 23 & 24 and finished 8th in the state. This is only the third season the IHSA has held the state tournament for women. SHS has begun a new legacy in this sport with wrestler Bri Bynum competing at state in 2023 and 2022. We're proud of what they have both accomplished!



From the HS Counseling/Academic Center:**ACADEMIC INFORMATION:****Assessment Information:**

State-mandated testing will be in April this year. Juniors will take the state-required SAT exam on April 11, 2024. Sophomores will be taking the PSAT 10 on April 9, 2024, and Freshmen will take the PSAT 8/9 on April 8, 2024.

The State of Illinois also requires **11th-grade students** to take the Illinois Science Assessment (ISA). This assessment is scheduled for **March 4, 2024**, and will take place in the morning during school hours. Students will resume their normal schedule in the afternoon.

Students enrolled in AP classes will be taking the **AP Exams in May**. More information will be available to AP students in the coming weeks. If you have any questions, please contact your student's AP teacher or Mrs Drish (drishju@sherrard.us).

Senior Parents:**FAFSA:**

Reminder that the FAFSA is required by the State of Illinois this year. If you don't plan on completing the FAFSA, you can opt-out by submitting a non-participation form. Non-participation forms can be found on the school website [HERE](#) or obtained in the Counseling Office. If your student plans on attending college or a trade school, FAFSA is the form you need to complete in order to access federal grants, loans, and work-study funds.

FAFSA Website: <https://studentaid.gov/h/apply-for-aid/fafsa>

Don't forget you will need an FSA ID to complete the FAFSA. Here is the website to create your FSA ID: <https://studentaid.gov/fsa-id/create-account/launch>

If you have any questions, contact Mrs. Drish (drishju@sherrard.us)

There will be a FAFSA workshop on Thursday, March 7, 2024, in the high school library during Parent Teacher Conferences (3:30 - 5:30 pm). Get your questions answered, or one-on-one help if needed from a representative from ISAC (Illinois Student Assistance Commission).

Scholarships:

Available scholarships are posted on the High School website - click [HERE](#) to access that page. Students also have access in the Senior Google Classroom.

Transcripts:

Final transcripts will be available for all Seniors towards the end of June. We will be asking students where they need their final transcripts sent at the end of May.

Senioritis is kicking in! Be sure to encourage and support your senior and remind them it's not over yet!



SOCIAL/EMOTIONAL INFORMATION:

March Madness: Beyond the Buzzer Beater

March Madness is here! While watching exciting basketball games with friends and family can be a lot of fun, it's important to understand how it can impact your mental health, both positively and negatively.

The Good Stuff:

- **Team Up for Fun:** Cheering on your team with classmates and friends can be a great way to connect and feel like you belong. Sharing the excitement and energy can be a welcome break from daily pressures.
- **Find Your Inspiration:** Seeing players overcome challenges and work as a team can be motivating. It can remind you to chase your own goals and never give up, even when things get tough.
- **Let Loose and Relax:** Sometimes, taking a break from schoolwork and stress to watch a thrilling game can be a healthy distraction. Just remember to manage your screen time and prioritize sleep!

Things to Watch Out For:

- **Don't Gamble (Seriously):** Gambling can be tempting, especially during March Madness. However, it's risky and can lead to serious problems. Remember, gambling is against the law for minors, so stay safe and focus on enjoying the games themselves.
- **Disappointment Can Sting:** Losing teams and close calls can be frustrating. It's okay to feel bummed, but remember, it's just a game. Don't let it ruin your day and focus on the positive aspects of March Madness.
- **Sleep is King:** Late-night games can mess up your sleep schedule. Getting enough sleep is crucial for your physical and mental health. Prioritize your sleep, even during the excitement of the tournament.

Remember, March Madness is about enjoying the sport, not letting it control your life. Have fun, cheer on your team responsibly, and prioritize your mental health by making healthy choices.

If you're ever feeling stressed, overwhelmed, or down, don't hesitate to reach out to a trusted adult, friend, or counselor for support. We are here to help you navigate any challenges you might face!



blackwells@sherrard.us
drishju@sherrard.us

Tiger Closet

We have kept our Amazon Wish List up to date, but we know many are not Amazon shoppers and would still like to contribute. Here is a list of our “greatest needs.” As always, we appreciate everyone’s support, this labor of love wouldn’t be possible without the community support we receive.

Needs:

- Laundry detergent
- Laundry stain remover
- Dryer sheets
- Dish soap
- Tampons
- Hair ties
- Face wash
- Face moisturizer
- Deodorant
- Hair dryers
- Toilet paper

For those that do want to use the Amazon Wish List, [click here](#) for it.

If you have any questions you can contact:

Vanessa Schulenberg at schulenbergv@sherrard.us or Erin DeKeyrel at dekeyrele@sherrard.us.



NINTH GRADE HEALTH REQUIREMENTS for SCHOOL YEAR 24-25

- All ninth grade students are required to have an updated school physical.
- State law requires Illinois Department of Public Health form to be used.
- Physical forms are available at the school and on the school district web site www.sherrard.us, go to **Departments** and select **Health Services, Health Forms** and **Student Physical Form**.
- Physicals must be completed and signed by a physician licensed to practice medicine, a physician’s assistant, or an advanced practice nurse. **Chiropractors MAY NOT perform school or sports physicals.**
- Parents or guardians are required by state law to complete and sign the **health history** portion on the back of the physical form.
- **Sports physicals will not fulfill this requirement.** The ninth-grade physical may be used for a sport physical for 395 days from the date of the exam. Students who receive freshman physicals March 1, 2024 will need another sports physical by April 1 of 2025, if they desire to participate in spring sports. Please keep this in mind when scheduling your child’s physical.
- Call for vaccine and physical appointments prior to end of this school year.
- A copy of your child’s immunization record may be required by the health care provider.
- **STUDENTS NOT IN COMPLIANCE WITH PHYSICAL AND IMMUNIZATIONS WILL BE EXCLUDED FROM SCHOOL PER STATE REQUIREMENTS. Completed physicals must be turned in by 10/15/24 or students will be excluded until physicals are completed.**

Dental Requirements

All 9th grade students must have a current dental exam dated after 11/15/23 or waiver completed by May 15, 2025. Forms are available on the district web site, select **Departments, Health Services, and Health Forms**. Health Requirement information and physical forms were given to parents at the registration meeting on Jan. 25, 2024. The remaining forms were given to the students whose parents were not in attendance at the meeting. Please contact the school nurse if you did not receive this information.

2024-2025 IMMUNIZATION REQUIREMENT FOR TWELFTH GRADE

*This information and a copy of students' immunization records will be included in the registration information which will be sent home with 11th grade students in January.

All students entering the **12th grade** shall show proof of having received two doses of the **meningitis vaccine** prior to entering the **12th grade**. The first dose shall have been received on or after the **11th birthday**, and the second dose shall have been administered on or after the **16th birthday**, and at least eight weeks after the first dose. If the first dose is administered when the child is 16 years of age or older, only one dose is required.

STUDENTS NOT IN COMPLIANCE WITH IMMUNIZATION REQUIREMENTS WILL BE EXCLUDED FROM SCHOOL ACCORDING TO SCHOOL CODE AND DISTRICT POLICY. Please provide verification of vaccines by the first day of school. Students not in compliance by October 15, 2024 will be excluded until requirements are met.

*****NOTE:** This must be the Meningococcal vaccine (Menactra or Menveo). The Meningitis B Vaccine otherwise known as Trumenba or Bexsero **does not** meet this requirement. Some pharmacies such as Walgreens have administered the Meningitis B vaccine instead of the Meningococcal Vaccine.

Notices regarding the need for the vaccine are given to the students when they register for classes for the 24-25 school year. Please contact the school nurse if you did not receive this information from your student.





DENTAL CLINIC & DENTAL EXAMS

The State of Illinois requires dental exams for all **9th grade students**. Students currently in **9th grade** are required to have a completed dental exam dated after **November 15, 2022** or a waiver on file by **May 15, 2024**.

Mercer County Health Department will provide a free dental clinic, for qualifying students at the Jr./Sr. High School on Friday, April 19, 2024, during the school day. Only students with completed parental permission forms will be seen. Call the school nurse at 593-2175 for permission forms or questions. Forms are available at all schools and also on the District Web Site. Students in all grades may participate in the clinic.

Dental insurance is accepted. Parents/guardians are responsible for any fees not covered by insurance.

Students who don't qualify for free services, may also use this service for an exam, cleaning, fluoride or sealants. The cost for the various services are listed below.

Exam \$29
Cleaning \$43
Fluoride \$27
Sealants \$37 x each tooth, (could do up to 4 teeth)

An exam is all that is required to meet the Illinois dental exam requirement.

Checks can be made out to Mercer County Health Department. Cash is also accepted. Forms and Payment needs to be turned into the school by 4/5/24.



MARCH 2024

Sherrard School District PreK-12 Menu

BREAKFAST



School Information: Menu Subject to Change
Early Dismissal – March 7th
This institution is an equal opportunity provider.



Applications for free/reduced meals are available at each attendance center or on the district website. Families must pay for meals eaten prior to applications being approved. Students with a negative balance will not be allowed to charge a la carte items.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Cereal Bar
Cheese Stick
½ Cup Fruit
½ Cup Juice
Milk Choice **1**

Fruit Frudel **4**
½ Cup Fruit
½ Cup Juice
Milk Choice

Mini Bagel **5**
½ Cup Fruit
½ Cup Juice
Milk Choice

Mini Waffles/syrup **6**
½ Cup Fruit
½ Cup Juice
Milk Choice

National Cereal Day **7**
Cereal Bowl
Snack Cookie
½ Cup Fruit
½ Cup Juice
Milk Choice

No School **8**

No School **11**

No School **12**

No School **13**

No School **14**

No School **15**

Muffin **18**
½ Cup Fruit
½ Cup Juice
Milk Choice

Cereal Bowl **19**
Snack Cookie
½ Cup FruitM
½ Cup Juice
Milk Choice

Mini Pancakes/syrup **20**
½ Cup Fruit
½ Cup Juice
Milk Choice

Cinnamon Super Stix **21**
½ Cup Fruit
½ Cup Juice
Milk Choice

Egg & Cheese Burrito **22**
½ Cup Fruit
½ Cup Juice
Milk Choice

Mini Cinnis **25**
½ Cup Fruit
½ Cup Juice
Milk Choice

Mini Bagel **26**
½ Cup Fruit
½ Cup Juice
Milk Choice

Sausage Pancake Bites **27**
½ Cup Fruit
½ Cup Juice
Milk Choice

Whole Grain Poptart **28**
½ Cup Fruit
½ Cup Juice
Milk Choice

No School **29**

MARCH 2024

Sherrard Jr-Sr High School Menu

LUNCH



School Information: Menu Subject to Change
Early Dismissal – March 7th
This institution is an equal opportunity provider.



Applications for free/reduced meals are available at each attendance center or on the district website. Families must pay for meals eaten prior to applications being approved. Students with a negative balance will not be allowed to charge a la carte items.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Cheeseburger/Bun
Baked Beans
Carrots
Mixed Fruit
Milk Choice

4

Biscuits N Gravy
Sausage Patty
Fries
Green Beans - Peaches
Milk Choice

5

Chicken Nuggets
Mashed Potatoes
Corn
Applesauce
Milk Choice

6

Crispito
Tater Tots
Carrots
Fruit Cup
Milk Choice

7

Deep Dish Cheese Pizza
Fries
Celery
Pineapple
Milk Choice

1

No School

8

No School

11

No School

12

No School

13

No School

14

No School

15

Sloppy Joe/Bun
Tater Tots
Baked Beans
Mixed Fruit
Milk Choice

18

Popcorn Chicken
Mashed Potatoes
Carrots – Peaches
Choc. Carml. Chex Mix
Milk Choice

19

Toasted Cheese Ravioli
Marinara/Bread Stick
Green Beans - Celery
Applesauce
Milk Choice

20

French Bread Pizza
Marinara
Fries – Carrots
Pears
Milk Choice

21

Pizza Crunchers
Broccoli
Corn
Pineapple
Milk Choice

22

Chicken Tenders
Carrots – Celery
Applesauce
Cool Ranch Doritos
Milk Choice

25

Grilled Chicken OR
TigerRite/Bun
Tater Tots
Salad – Mixed Fruit
Milk Choice

26

Toasted Cheese
Tomato Soup
Goldfish Crackers
Broccoli - Peaches
Milk Choice

27

Corn Dog
Fries
Baked Beans
Pears
Milk Choice

28

No School

29