



TIPS FOR HIGH SCHOOL STUDENTS REMOTE LEARNING AT HOME



<h2>Begin and end each day with a check-in</h2>	<ul style="list-style-type: none"> • Make sure to log in EVERY DAY and check in with each class. • Check <u>your</u> email EVERY DAY for Google Classroom notifications (you can select daily or weekly updates). If you find that you need more information about assignment details and are not signed up for Google Classroom notifications, please contact your teachers. • Keep your email open all day in case an important email comes through.
<h2>Routines and Expectations for Learning at Home</h2>	<ul style="list-style-type: none"> • Create a realistic schedule for getting work done in defined periods, building in breaks and times for socializing, exercising and entertainment. <i>The key principle:</i> do a session of work first, then reward yourself with something relaxing. • Remember that <u>COMMUNICATION</u> is very important! <u>You</u> should be checking in regularly with your teachers. A simple email will go a long way! • If you are struggling, email your teacher for assistance. • Maintain regular sleep routines and wake times. • Find a designated space to work away from any distractions such as video games, tv, music, etc. • Advocate for yourself if you need assistance. If your efforts are not successful, email Mr. Newquist, Mrs. Drish, or Mrs. Blackwell for assistance (see contact info below). • Keep up to date with your grades by using the student portal on Infinite Campus.
<h2>Important Contact Information</h2>	<p style="text-align: center;">Academic/Counseling Issues:</p> <p>Mr. Newquist - newquistm@sherrard.us</p> <p>Mrs. Drish - drishju@sherrard.us</p> <p>Mrs. Blackwell - blackwells@sherrard.us</p> <hr/> <p style="text-align: center;">Technology Issues:</p> <p>Mr Wycoff - wycoffj@sherrard.us</p> <p>Mr. Miller - millers@sherrard.us</p> <hr/> <p style="text-align: center;">Library Support:</p> <p>Ms. Bennin - benninj@sherrard.us</p> <p>Mrs. Justice - justicet@sherrard.us</p>