TigerTimes

Sherrard Jr/Sr High Newsletter

January 2023

Tim Wernentin, High School Principal Rick Basala, Jr. High Principal

January 4

Teachers Institute
Booster Club Meeting - 6p

January 5

Students return from break

January 6

Winter Play - 7p

January 7

Winter Play - 7p

January 16

No school

January 18

School Board meeting - 6p

Athletics / Activities

Get up to date athletic and activities schedules on the Sherrard 8to18 website:

https://il.8to18.com/sherrardHS

Principal's Note

Happy New Year!!!!

As I write this article, it is difficult to believe that the first semester is nearly complete and we are immersed into the winter season of events here at Sherrard High School. At this point, our students are deeply involved in school work and participating in a variety of co-curricular activities, and many of our parents continue working countless hours to support our programs. It is greatly appreciated by all of us at SHS.

Registration for the 2023-24 school year will begin soon. We are finalizing potential new Dual Credit classes, which once approved, will be shared as course options for next year.

Thank you for everyone's participation in our "Operation Santa" activities! Thousands of dollars were raised and we were able to assist needy families in our school district - not only during the holiday season, but throughout the year.

As always, we are appreciative that we maintain high attendance at our athletic, music, and extracurricular activities. Your continued support and presence at our events is appreciated by our students, staff, and community. A reminder that we will not have school on January 16 in celebration of Martin Luther King Junior Day. Our next early dismissal days are February 1 and 15.

shs.sherrard.us •sjhs.sherrard.us



Sherrard Jr/Sr High School 4701 176th Avenue Sherrard, IL 61281 High School 309.593.2175 Jr. High 309.593.2135

January 2023

Stay informed!

Daily high school announcements will be posted on the Sherrard High School website. Please visit the website daily for information about all things happening at the high school. The link below will take you directly to the announce-

ments: https://www.youtube.com/ results?search_query=sherrard+ morning+announcements+TV

You may also want to connect to our District social media accounts.

Facebook:

https://www.facebook.com/sherrardschooldistrict -

Facebook ID is "Sherrard School District"

Instagram:

https://www.instagram.com/sher-rardschooldistrict/ -

Handle is SherrardSchoolDistrict

Twitter:

https://twitter.com/home -Handle is @SherrardSchools I trust you had an enjoyable winter break and I look forward to working with you in the new year! Please contact me at 309-593-2175 or at wernentint@sherrard.us with questions, concerns, or comments.

Educationally yours, Tim Wernentin, Principal

JH Principal's Notes

Dear Parents and Guardians,

I hope all of the Sherrard Junior High students and families had a great break with friends and family.

The students took their MAP winter testing before the winter break. There were many students who were not able to finish due to various reasons. We have extended the testing window to January 14.

As a reminder, the school expectations are Be Respectful, Be Safe and Be Responsible. Please encourage your student(s) to finish the school year strong with those expectations.

Please ask your child what they need to refill their school supplies: pencils, highlighters, stick glue, etc. Many are running low and can use some refills.

7th and 8th grade boys basketball and girls cheerleading will be starting the regionals soon. Come on out and cheer on the Tigers! The schedule is posted on the 8 to 18 sports calendar.

Volleyball, Scholastic Club and Wrestling will be starting their respective seasons this month.

Rick Basala, JH Principal



January 2023

Student of the Month

HIGH SCHOOL

English: Kyla Elsbury
Math: Carter Wynn
Science: Jackson Jones

Social Studies:

Landon McGonigle

Fine Arts: Vincent Wiley
PE/Health: Michael Bailey
Vocational: Dawson Liggett
Special Forces: William Stanley
Business: Quinn O'Donnell
Rotary Student of the Month:
Kyla Elsbury

JUNIOR HIGH

English: Kylie Mathis
Math: Steven Hollins
Science: Skylar Sandman
Social Studies: Brian Outlar
Fine Arts: Abigail Fardi-Turkmani
PE/Health: Grace Messerly
Vocational: Grace Messerly
Striving for Excellence:
Max Dehnke

Post Prom Bingo

The Post Prom Committee is excited to announce that Post Prom Bingo will be held on **Friday**, **March 3rd** at the high school. This is our main fundraiser for Post Prom and we need your help and support! Please plan to attend. There will be cash prizes for the winners in each round of BINGO with more event details coming soon.

We are looking for BINGO night donations, including raffle items and cash donations to sponsor the BINGO prizes. If you would like to donate or be a cash prize sponsor for a round of BINGO, please contact Cindy Steckel, steckelc@sherrard.us or Jen Diehl, diehlj@sherrard.us.

*BINGO night monetary donations can be made payable to: **Royal Neighbors Chapter 20115**.

Blood Drive

The All School Senate will be hosting their annual blood drive in honor of 2005 graduate BJ Luxmore on Thursday, February 23rd from 8am to 1pm in the Library. Walk in appointments will be welcome. Please check social media for a link to schedule an appointment in mid-January.

8th Grade Washington DC Trip

This year's 8th grade trip to Washington DC will be June 11th -17th, 2023. We will travel to Washington DC, Philadelphia, Virginia Beach, Mt Vernon, Busch Gardens and more. There are currently 6 open seats on the bus for anyone still needing to register. This trip is for 8th graders only. Please contact Teresa Boraas at boraast@sherrard.us for the registration information. The last date to register for this trip will be January 6th, 2023.



January 2023

Sherrard Booster Club

Come check out the Sherrard Booster Club at their next meeting!

Wednesday, January 4th 6:00 pm High School Library

There's no obligation, just come check out what they do and how they work!

Europe Trip

Did someone say Europe? At the high school, social studies teacher Mr. Hanke has set up a trip across the pond to France and Germany for this upcoming summer in June. The trip will be available to all current high schoolers and family members of the student. The trip will last about a week as members will be able to see history first hand and experience new cultures as they travel around the various countries. Click here for the tentative agenda: https://www.eftours.com/tour-website/2549713ZF There is a chance for scholarship money, which will be based on a first come first serve basis. If you have any questions, please contact Mr. Hanke, hanke@sherrard.us.

Sherrard Academic Foundation

The Sherrard Academic Foundation is kicking off our 2022 Fundraising Campaign and invite you to help support our district's dedicated educators and the next generation of Sherrard alumni by donating to the Sherrard Academic Foundation today!



Since 2007 we have distributed over \$140,000 to support Sherrard students, educators, and alumni and can't continue on our mission without your support.







January 2023

Tiger Closet

We have kept our Amazon
Wish List up to date, but we
know many are not Amazon
shoppers and would still like to
contribute. Here is a list of our
"greatest needs." As always, we
appreciate everyone's
support, this labor of love
wouldn't be possible without the
community support we receive.

Needs:

- Laundry detergent
- Laundry stain remover
- Drver sheets
- Dish soap
- Tampons
- Hair ties
- Face wash
- Face moisturizer
- Deodorant
- Hair dryers
- Toilet paper

For those that do want to use the Amazon Wish List, click here for it.

If you have any questions you can contact:

Vanessa Schulenberg at schulenbergv@sherrard.us or Amanda Fritch at fritcha@sherrard.us.



DENTAL REQUIREMENT FOR CURRENT 9TH GRADE STUDENTS Dental Exams due May 15, 2023



The State of Illinois requires dental exams for all **9th grade students**. Students currently in **9th grade** are required to have a completed dental exam or waiver on file by **May 15, 2023**.

- School dental exams must have been completed after November 15, 2021.
- The IDPH dental exam form must be used.
- Exams must be performed by licensed dentists.
- · Dental waivers are allowed if:

Student is enrolled in free and reduced lunch program and does not have dental insurance.

Student is enrolled in free and reduced lunch program and is ineligible for public insurance (Medicaid/All Kids).

Student is enrolled in Medicaid/All Kids, but the family is unable to find a dentist or dental clinic in the community who will accept Medicaid/All Kids.

Student does not have any type of dental insurance and there is no low-cost dental clinics in the community that will see the child.

- Religious exemption is allowed if religious exemption form is completed.
- Dental appointment cards are accepted as long as the appointment is scheduled within 60 days of May 15. Completed dental exams must be turned in by the beginning of the following school year.

Dental exams and waivers are available on the District Website: www.sherrard.us go to **Departments** and select **Health Services**, **Health Forms** and **Dental Exam/Waiver**

January 2023

From the HS Counseling/Academic Center:

ACADEMIC INFORMATION:

Registration is right around the corner! Here is the registration timeline:

To Be Seniors:

Class meeting: January 20th

Registration: January 23rd - January 25th

To Be Juniors:

Class meeting: January 27th

Registration: January 30th, 31st, February 1st

To Be Sophomores:

Class meeting: February 3rd

Registration: February 6th, 7th, 8th

To Be Freshmen:

Class meeting: February 10th

Registration: February 13th, 14th 15th

Mark your calendar for the following dates in *January and February*

- Orientation Night for incoming freshmen will be **February 6th at** 5:30pm in the high school auditorium.
- Dual Credit Meeting for Juniors and Seniors will be held <u>January</u> <u>18th at 6pm</u> in the high school auditorium.
- Area Career Center tour at United Township for incoming Juniors will be <u>January 18th</u> - more information to follow.

Senior Parents:

Reminder that the FAFSA is required by the State of Illinois this year. If you do not want to complete the FAFSA, we will be sending out and collecting a non-participation form in the spring. If your student plans on attending college or a trade school, FAFSA is the form you need to complete in order to access federal grants, loans and work-study funds. FAFSA Website: https://studentaid.gov/b/apply-for-aid/fafsa



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Don't forget you will need an FSA ID to complete the FAFSA. Here is the website to create your FSA ID: https://studentaid.gov/fsa-id/create-account/launch If you have any questions, contact Mrs. Drish (drishju@sherrard.us)

January 2023

Senior Scholarships

Available scholarships are posted on the High School website - click <u>HERE</u> to access that page. Students also have access in the Senior Google Classroom.

Attention Juniors

If you are interested in practicing for the SAT exam, click <u>HERE</u> to find full-length, scorabe practice tests!

SOCIAL/EMOTIONAL INFORMATION:

We will continue to counsel students both socially/emotionally and academically. Students and parents can reach out via email if they have any questions or concerns. Meetings can be held in person, or via Zoom, Google Meet, etc.

blackwells@sherrard.us drishju@sherrard.us

As we head towards winter, still dealing with the pandemic, it's more important than ever to keep an eye out for signs of depression, especially in teenagers. Please read the article <u>Signs of Depression</u> if you have any concerns.

Mental Health has been negatively impacted during the pandemic. This has caused an increase in anxiety or panic attacks with our student population. Some of the symptoms we might see include - low motivation, feeling tired or burned out, sadness, poor concentration, anger and/or insomnia. Suggestions for coping may include connecting with others, taking a small break, sticking to a schedule or routine, being kind and focusing on basics like exercise and nutrition.

Please remember the pandemic may have canceled many things, however empathy, caring, thoughtfulness, kindness and humanity have not been canceled. Take care of yourself first in order to take care of others.



JANUARY 2023

Sherrard PreK-12 Menu



School Information: Menu Subject to Change This institution is an equal opportunity provider.



Applications for free/reduced meals are available at each attendance center or on the district website. Families must pay for meals eaten prior to applications being approved. Students with a negative balance will not be allowed to charge a la carte items.

		balance will flot be allowed to charge a la carte items.		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
No School 2	No School 3	No School 4	Muffin ½ Cup Fruit ½ Cup 100% Juice Milk Choice	Cereal Bar Cheese Stick ½ Cup Fruit ½ Cup 100% Juice Milk Choice
Fruit Frudel ½ Cup Fruit ½ Cup 100% Juice Milk Choice	Mini Bagel ½ Cup Fruit ½ Cup 100% Juice Milk Choice	National Milk Day Waffles ½ Cup Fruit ½ Cup 100% Juice Milk Choice	Mini Banana Loaf ½ Cup Fruit ½ Cup 100% Juice Milk Choice	Sausage Pancake Bites ½ Cup Fruit ½ Cup 100% Juice Milk Choice
No School 16	Muffin ½ Cup Fruit ½ Cup 100% Juice Milk Choice	French Toast Sticks ½ Cup Fruit ½ Cup 100% Juice Milk Choice	Pancakes ½ Cup Fruit ½ Cup 100% Juice Milk Choice	National Cheese Lover's Day Egg & Cheese Omelet GoldFish Crackers ½ Cup Fruit ½ Cup 100% Juice - Milk Choice
Whole Grain Poptart ½ Cup Fruit ½ Cup 100% Juice Milk Choice	Cinnamon Super Stix ½ Cup Fruit ½ Cup 100% Juice Milk Choice	Mini Cinnis ½ Cup Fruit ½ Cup 100% Juice Milk Choice	Muffin ½ Cup Fruit ½ Cup 100% Juice Milk Choice	Cereal Bar Cheese Stick ½ Cup Fruit ½ Cup 100% Juice Milk Choice
Fruit Frudel ½ Cup Fruit ½ Cup 100% Juice Milk Choice	Mini Bagel ½ Cup Fruit ½ Cup 100% Juice Milk Choice			

-JANUARY 2023

Sherrard Jr-Sr High Menu





Milk Choice

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Milk Choice



Applications for free/reduced meals are available at each attendance center or on the district website. Families must pay for meals eaten prior to applications being approved. Students with a negative balance will not be allowed to charge a la carte items.

		balance will not be allowed to charge a la carte items.		
MONDAY	TUESDAY	WEDNESDAY ///	THURSDAY	FRIDAY
No School 2	No School 3	No School 4	Cheeseburger/Bun Tater Tots Baked Beans Applesauce Milk Choice	Sausage Stuffed Crust Pizza 6 Carrots Green Beans Pineapple Milk Choice
Chicken Nuggets Mashed Potatoes/Gravy Apricots Scooby Snacks Milk Choice	Walking Tacos Salad Carrots Peaches Milk Choice	National Milk Day Breaded Chicken/Bun Baked Beans Celery/Peanut Butter Pineapple Milk Choice	Combo Wrap Fries Applesauce Milk Choice	Fiestada Beef Pizza Refried Beans Broccoli Pears Milk Choice
No School 16	Italian Pullapart Marinara Carrots Peaches Milk Choice	Hamburger/Bun Tater Tots Broccoli Pears Milk Choice	Popcorn Chicken Fries Carrots Applesauce Milk Choice	National Cheese Lover's Day Extra Cheese Pizza Celery/Peanut Butter Apple Milk Choice
Cheese Deep Dish Pizza Salad Peaches Milk Choice	Uncrustable Carrots Celery/Peanut Butter Apple – Scooby Snacks Milk Choice	Tenderloin/Bun Corn Baked Beans Applesauce Milk Choice	Mini Corn Dogs Broccoli Celery/Peanut Butter Pears Milk Choice	Pizza Crunchers Fries Carrots Pineapple Milk Choice
Turkey/Ham/Cheese Croissant Broccoli Green Beans - Applesauce	Crispito Refried Beans Carrots Fruit Cup			