

TigerTimes

Sherrard Jr/Sr High Newsletter

March 2023

Tim Wernentin, High School Principal
Rick Basala, Jr. High Principal

March 2

Fields of Faith - 7p

March 3

Post Prom Bingo - 6p

March 7

HS Band Concert - 7p

March 9

Early dismissal - 1p
P/T Conferences - 2:10-6:30p

March 10

No School
P/T Conferences - 7:10-10:10a

March 13-17

No School - Spring Break

March 22

School Board Meeting - 6p

March 31 & April 1

Musical - 7p

April 2

Musical - 3p

Athletics / Activities

Get up to date athletic and activities schedules on the Sherrard 8to18 website:

<https://il.8to18.com/sherrardHS>



Principal's Note

Greetings from the Principal's Office! As you read this, we are getting close to the end of third quarter and I encourage you to attend Spring Parent/Teacher conferences to be held on March 9 from 2:10 p.m. to 6:30 p.m. and March 10 from 7:10 a.m. to 10:10 a.m. Know you can always schedule a conference with the teacher, administrator, or counselor by calling 309-593-2175. Grades can be accessed through Infinite Campus, our online grade reporting system. Call us if you need further access information. Remember third quarter report cards reflect your student's grade at that time and is simply a progress report. Final semester grades are cumulative third and fourth quarter work.

Thank you for your continued support at the many SHS activities! Congratulations to our winter sports teams!! We are proud of your efforts and appreciate the community's support at all of our events, even if it is watching streamed broadcasts.

A reminder from the Counseling Office is that if parents/guardians of seniors have not completed the Free Application for Federal Student Aid, they need to visit www.FAFSA.gov to apply for post-secondary funding.

If your student reports to you any bullying or harassment, either as a victim or witness, we ask that you contact school personnel. We have an investigative process in place with the goal of every student feeling safe and comfortable while attending Sherrard High School.

shs.sherrard.us • sjhs.sherrard.us

Sherrard Jr/Sr High School
4701 176th Avenue
Sherrard, IL 61281
High School 309.593.2175
Jr. High 309.593.2135

Stay informed!

Daily high school announcements will be posted on the Sherrard High School website. Please visit the website daily for information about all things happening at the high school. The link below will take you directly to the announcements: https://www.youtube.com/results?search_query=sherrard+morning+announcements+TV

You may also want to connect to our District social media accounts.

Facebook:

<https://www.facebook.com/sherrardschooldistrict> -

Facebook ID is "Sherrard School District"

Instagram:

<https://www.instagram.com/sherrardschooldistrict/> -

Handle is SherrardSchoolDistrict

Twitter:

<https://twitter.com/home> -

Handle is @SherrardSchools



Key dates:

- Spring Break is March 13-17
- March 10 is the end of third quarter
- April 12 PSAT/ SAT day - students in grades 9-11 will be taking a form of the Scholastic Aptitude Test
- No School on April 7 and 10

Thanks for all you do in partnering with Sherrard High School in meeting the needs of your student(s). Please contact me at 593-2175 or at wernentint@sherrard.us with questions, concerns, or comments.

Tim Wernentin, Principal

JH Principal's Notes

Dear Parents and Guardians,

Parent/Teacher Conferences will be held on March 2nd 2:10 pm to 6:30 pm and March 3rd 7:10-10:10 am. If you would like to schedule a time for a conference, please contact the teacher to set up a conference time.

Good luck to the 7th and 8th Grade Volleyball teams at regionals this month. Congratulations to the JH wrestlers advancing to Sectionals: Braiden Krahl, Andrew Knox, Quinn Zimmerman, Landon Clark and Matherville students Lane Weber, Eliza Gustafson and Jayden Zimmer. JH Track sign ups are open until spring break. Practice begins after spring break.

8th Grade students finished registering for High School classes. If you have any questions about registration please contact Stacey Blackwell.

The Lost & Found areas of the JH/HS will be cleared for spring break after school on Thursday, March 2nd. Please remind your students to check these areas before that date.

If you would like further information or resources, please contact the Sherrard JR/SR High Counseling Department or myself at stbasalar@sherrard.us.

Rick Basala, JH Principal

Student of the Month

HIGH SCHOOL

English: Alli Nielsen
Math: Crystal Aguilar
Science: Madison Hipkins
Social Studies: James Campbell
Fine Arts: Max Serre
PE/Health: Mordecai Mundy
Vocational: Sandra Avila
Special Forces: Sierra Slavish
Business: Addison Kotaska

JUNIOR HIGH

English: Bella Sullivan
Math: Drew Buckwalter
Science: Braiden Krahl
Social Studies: Grace Whipple
Fine Arts: McKenzie Locke
PE/Health: Brennan Cresap
Vocational: Riley Robinson
Striving for Excellence:
 Eli Matson



Spring Musical

The Sherrard Drama Department will be putting on their Spring Musical, 'The 25th Annual Putnam County Spelling Bee' March 31st and April 1st at 7pm and April 2nd at 3pm. Tickets are \$7 for Adults and \$5 for students. Come out and enjoy an eclectic group of six mid-pubescent vie for the spelling championship of a lifetime.

Musical Program Advertisement

The Sherrard High School Drama Department is preparing its program for the upcoming production of 'The 25th Annual Putnam County Spelling Bee' on March 31st, April 1st, and April 2nd. They are seeking businesses and individuals to purchase advertising space in the program. Forms to submit an ad can be found under [Announcements](#) on the home page of the high school website. Deadlines to submit ads is March 10th.

2022/23 Yearbook Senior Ads

Parents/Guardians of Class of 2023:
 Please view the attached flyer from Jostens for information regarding purchasing an ad for your senior in the 2022/23 Yearbook. The ad may be a baby picture or senior picture of your student. Ordering with Jostens will be the **ONLY** way to secure an ad in the yearbook. **The deadline will be March 31, 2023.**

Thanks - Stacey Blackwell and Julie Drish - Yearbook Sponsors

Sherrard Booster Club

Come check out the Sherrard Booster Club at their next meeting!

**Wednesday, March 1st
6:00 pm
High School Library**

There's no obligation, just come check out what they do and how they work!



FCA

The Sherrard FCA will be hosting a Fields of Faith night on March 2 in the High School main gym from 7:00 p.m. to 8:30 p.m.

Post Prom Bingo

The Post Prom Committee will host Post Prom Bingo on **Friday, March 3rd** at the high school. **Doors open at 5:30- BINGO starts at 6pm.** This is our main fundraiser for Post Prom and we need your help and support! Please plan to attend. Cost is \$10 per person for 12 rounds of BINGO, with cash prizes to the winners of each round. You can also purchase tickets for our raffle items, bid on silent auctions, buy concessions including our Post Prom cookies, and join in our \$1 intermission games! Due to the big turnout last year, this year we are accepting early table reservations. A table reservation is \$60, which will guarantee your spot together and include BINGO cards and seating for up to 6 people. Reservations must be submitted to the HS or JH office no later than Friday, February 24th by 3pm. Payments for BINGO payable to **Royal Neighbors Chapter 20115.**

Prom

Sherrard Prom will be April 22nd this year!!!! Mark your calendars. This year's Prom is sponsored by Healthy to Wholesome. The Dance is from 7:00 p.m. to 10:00 p.m. at the Camden Centre in Milan. Coronation will be at 9:00 p.m. Post prom will be at the high school starting at 10:00 p.m.

Tiger Closet

We have kept our Amazon Wish List up to date, but we know many are not Amazon shoppers and would still like to contribute. Here is a list of our "greatest needs." As always, we appreciate everyone's support, this labor of love wouldn't be possible without the community support we receive.

Needs:

- Laundry detergent
- Laundry stain remover
- Dryer sheets
- Dish soap
- Tampons
- Hair ties
- Face wash
- Face moisturizer
- Deodorant
- Hair dryers
- Toilet paper

For those that do want to use the Amazon Wish List, [click here](#) for it.

If you have any questions you can contact:

Vanessa Schulenberg at schulenbergv@sherrard.us or
Amanda Fritch at fritcha@sherrard.us.



DENTAL REQUIREMENT FOR CURRENT 9TH GRADE STUDENTS Dental Exams due May 15, 2023



The State of Illinois requires dental exams for all **9th grade students**. Students currently in **9th grade** are required to have a completed dental exam or waiver on file by **May 15, 2023**.

- School dental exams must have been completed after **November 15, 2021**.
- The IDPH dental exam form must be used.
- Exams must be performed by licensed dentists.
- Dental waivers are allowed if:
 - Student is enrolled in free and reduced lunch program and does not have dental insurance.
 - Student is enrolled in free and reduced lunch program and is ineligible for public insurance (Medicaid/All Kids).
 - Student is enrolled in Medicaid/All Kids, but the family is unable to find a dentist or dental clinic in the community who will accept Medicaid/All Kids.
 - Student does not have any type of dental insurance and there is no low-cost dental clinics in the community that will see the child.
- Religious exemption is allowed if religious exemption form is completed.
- Dental appointment cards are accepted as long as the appointment is scheduled within 60 days of May 15. Completed dental exams must be turned in by the beginning of the following school year.

Dental exams and waivers are available on the District Website: www.sherrard.us go to **Departments** and select **Health Services**, **Health Forms** and **Dental Exam/Waiver**

2023-2024 IMMUNIZATION REQUIREMENT FOR TWELFTH GRADE

*This information and a copy of students' immunization records will be included in the registration information which will be sent home with 11th grade students in January.

All students entering the **12th grade** shall show proof of having received two doses of the **meningitis vaccine** prior to entering the **12th grade**. The first dose shall have been received on or after the **11th birthday**, and the second dose shall have been administered on or after the **16th birthday**, and at least eight weeks after the first dose. If the first dose is administered when the child is 16 years of age or older, only one dose is required.

STUDENTS NOT IN COMPLIANCE WITH IMMUNIZATION REQUIREMENTS WILL BE EXCLUDED FROM SCHOOL

ACCORDING TO SCHOOL CODE AND DISTRICT POLICY. Please provide verification of vaccines by the first day of school. Students not in compliance by October 15, 2023 will be excluded until requirements are met.

*****NOTE:** This must be the Meningococcal vaccine (Menactra or Menveo). The Meningitis B Vaccine otherwise known as Trumenba or Bexsero **does not** meet this requirement. Some pharmacies such as Walgreens have administered the Meningitis B vaccine instead of the Meningococcal Vaccine.

Notices regarding the need for the vaccine are given to the students when they register for classes for the 23-24 school year. Please contact the school nurse if you did not receive this information from your student.



NINTH GRADE HEALTH REQUIREMENTS for SCHOOL YEAR 23-24

- All ninth grade students are required to have an updated school physical.
- State law requires Illinois Department of Public Health form to be used.
- Physical forms are available at the school and on the school district web site www.sherrard.us, go to **Departments** and select **Health Services, Health Forms** and **Student Physical Form**.
- Physicals must be completed and signed by a physician licensed to practice medicine, a physician's assistant, or an advanced practice nurse. **Chiropractors MAY NOT perform school or sports physicals.**
- Parents or guardians are required by state law to complete and sign the **health history** portion on the back of the physical form.
- **Sports physicals will not fulfill this requirement.** The ninth-grade physical may be used for a sport physical for 395 days from the date of the exam. Students who receive freshman physicals March 1, 2023 will need another sports physical by April 1 of 2024, if they desire to participate in spring sports. Please keep this in mind when scheduling your child's physical.
- Call for vaccine and physical appointments prior to end of this school year.
- A copy of your child's immunization record may be required by the health care provider.
- **STUDENTS NOT IN COMPLIANCE WITH PHYSICAL AND IMMUNIZATIONS WILL BE EXCLUDED FROM SCHOOL PER STATE REQUIREMENTS. Completed physicals must be turned in by 10/15/23 or students will be excluded until physicals are completed.**

All 9th grade students must have a current dental exam dated after 11/15/22 or waiver completed by May 15, 2024. Forms are available on the district web site, select **Departments, Health Services, and Health Forms**. Health Requirement information and physical forms will be available at the Freshman orientation meeting on February 6, 2023. Students not at the February were given this info at their registration meeting. Please contact the school nurse if you did not receive this information.



*From the HS Counseling/Academic Center:***ACADEMIC INFORMATION:**Assessment Information:

The SAT and PSAT will be given on **April 12, 2023**.

Juniors will take the state required SAT exam. Sophomores will be taking the PSAT 10 and the Freshmen will take the PSAT 8/9 on the same day. All students have access to free practice questions and full exams through Khan Academy.

Seniors have the option of a college visit or job shadow on testing day if possible.

The State of Illinois also requires **11th grade students** to take the Illinois Science Assessment (ISA). This assessment is scheduled for **March 8, 2023** and will take place in the morning during school hours. Students will resume their normal schedule in the afternoon.

Students enrolled in AP classes will be taking the **AP Exams in May**. More information will be available to AP students in the coming weeks. If you have any questions, please contact your student's AP teacher or Mrs Drish (drishju@sherrard.us).

Senior Parents:FAFSA:

Reminder that the FAFSA is required by the State of Illinois this year. If you do not want to complete the FAFSA, we will be sending out and collecting a non-participation form in the spring. If your student plans on attending college or a trade school, FAFSA is the form you need to complete in order to access federal grants, loans and work-study funds. FAFSA Website: <https://studentaid.gov/h/apply-for-aid/fafsa>
Don't forget you will need an FSA ID to complete the FAFSA. Here is the website to create your FSA ID: <https://studentaid.gov/fsa-id/create-account/launch> If you have any questions, contact Mrs. Drish (drishju@sherrard.us)

Scholarships:

Available scholarships are posted on the High School website - click [HERE](#) to access that page. Students also have access in the Senior Google Classroom.



Transcripts:

Final transcripts will be available for all Seniors towards the end of June. We will be asking students where they need their final transcripts sent at the end of May.

Senioritis is kicking in! Be sure to encourage and support your senior and remind them it's not over yet!

SOCIAL/EMOTIONAL INFORMATION:

The Counseling Office wanted to send a friendly reminder to all Sherrard Tigers.

Please remember, we need to be patient, honest, considerate, and have empathy; which is the ability to identify with or understand the perspectives, experiences, or motives of another individual.

It is important to remember that we all experience times and situations in which we need to be encouraged, not discouraged. We need someone to lift us up when we're down and someone that helps motivate us to keep reaching our goals. Together we can help guide one another through these challenging circumstances and continue to be successful.

A simple gesture of kindness can make a huge difference in someone's life. We challenge you to be kind to yourself and one another.

We will continue to counsel students both socially/emotionally and academically. Students and parents can reach out via email if they have any questions or concerns. Meetings can be held in person, or via Zoom, Google Meet, etc.

Mindfulness Skills and Activities - Practice these skills to help you increase awareness of thoughts, feelings, and behaviors to improve your mental health and wellness.

Counting Breaths, Paced Belly Breathing, Listening to Music and Paying Attention to one Instrument, Going for a Walk and Naming What you see, Mindfully Eating Your Favorite Food, Playing an Instrument, Journaling, or Dancing

Search for the following apps in the app store of your phone - Calm, Headspace, Shine, Mindfulness for Children, Thrive for Alexa: Amazon, Take a Chill, OMG I Can Mediate



blackwells@sherrard.us / drishju@sherrard.us

MARCH 2023

Sherrard PreK-12 Menu

BREAKFAST



School Information: Menu Subject to Change
This institution is an equal opportunity provider.
P/T Conferences March 9th Early Dismissal
Spring break – March 10th thru 17th



Applications for free/reduced meals are available at each attendance center or on the district website. Families must pay for meals eaten prior to applications being approved. Students with a negative balance will not be allowed to charge a la carte items.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Waffles **1**
½ Cup Fruit
½ Cup 100% Juice
Milk Choice

Sausage Pancake Bites **2**
½ Cup Fruit
½ Cup 100% Juice
Milk Choice

Mini Banana Loaf **3**
½ Cup Fruit
½ Cup 100% Juice
Milk Choice

Mini Cinnis **6**
½ Cup Fruit
½ Cup 100% Juice
Milk Choice

National Cereal Day **7**
Cereal Bowl
Snack Cookie
½ Cup Fruit – ½ Cup 100% Juice
Milk Choice

Mini Bagel **8**
½ Cup Fruit
½ Cup 100% Juice
Milk Choice

Whole Grain Poptart **9**
½ Cup Fruit
½ Cup 100% Juice
Milk Choice

No School **10**

No School **13**

No School **14**

No School **15**

No School **16**

St. Patrick's Day **17**
No School

Muffin **20**
½ Cup Fruit
½ Cup 100% Juice
Milk Choice

Pancakes **21**
½ Cup Fruit
½ Cup 100% Juice
Milk Choice

Sausage & Egg Bites **22**
½ Cup Fruit
½ Cup 100% Juice
Milk Choice

French Toast Sticks **23**
½ Cup Fruit
½ Cup 100% Juice
Milk Choice

Cinnabuns **24**
Cheese Stick
½ Cup Fruit
½ Cup 100% Juice
Milk Choice

Whole Grain Poptart **27**
½ Cup Fruit
½ Cup 100% Juice
Milk Choice

Cinnamon Super Stix **28**
½ Cup Fruit
½ Cup 100% Juice
Milk Choice

Mini Cinnis **29**
½ Cup Fruit
½ Cup 100% Juice
Milk Choice

Muffin **30**
½ Cup Fruit
½ Cup 100% Juice
Milk Choice

Cereal Bar **31**
Cheese Stick
½ Cup Fruit
½ Cup 100% Juice
Milk Choice

MARCH 2023

Sherrard Jr-Sr High Menu

LUNCH



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MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Hot Dog/Bun **1**
 Chili Beans
 Carrots
 Mixed Fruit
 Milk Choice

Crispito **2**
 Tater Tots
 Pears
 Harvest Cheddar Sunchips
 Milk Choice

Stuffed Crust Cheese Pizza **3**
 Broccoli
 Carrots
 Pineapple
 Milk Choice

Chicken Tenders **6**
 Corn
 Carrots
 Applesauce
 Milk Choice

Cheeseburger/Bun **7**
 Fries
 Mixed Fruit
 Milk ChoicHe

Pulled Pork/Bun **8**
 Tater Tots
 Broccoli
 Pears
 Milk Choice

Pizza **9**
 Green Beans
 Apple
 Milk Choice

No School **10**

No School **13**

No School **14**

No School **15**

No School **16**

St. Patrick's Day **17**
 No School

Toasted Ravioli **20**
 Marinara
 Fries - Cheese Stick
 Applesauce
 Milk Choice

Walking Taco **21**
 Refried Beans
 Mixed Fruit
 Milk Choice

Hamburger&Egg Patty/Bu **22**
 Hash Browns
 Carrots - Pears
 Milk Choice

Chicken Hoops **23**
 Baked Beans
 Celery – Peaches
 Cool Ranch Doritos
 Milk Choice

French Bread Pizza **24**
 Tater Tots
 Carrots
 Apple
 Milk Choice

Popcorn Chicken **27**
 Broccoli
 Celery/Peanut Butter
 Mixed Fruit - Sunchips
 Milk Choice

TomatoSoup **28**
 Toasted Ch. Sandwich
 Carrots
 Veg. Slushy - Applesauce
 Milk Choice

Ribette/Bun **29**
 Baked Beans
 Celery/Peanut Butter
 Peaches
 Milk Choice

Breaded Chicken/Bun **30**
 Carrots
 Green Beans
 Apple
 Milk Choice

Cheese Pizza **31**
 Fries
 Pineapple
 Milk Choice